

ONGOING EVENTS PROGRAM

BIEL, BEIRUT INTERNATIONAL EXHIBITION & LEISURE CENTER
www.inshapefair.com



October 15-18, 2009

OCTOBER 15

BEAUTY & HEALTH STAGE

- 4:30 – 4:50 The power to Help Smokers Quit; Champix by Pfizer
- 5:00 – 5:30 Change & Self Empowerment by Dr. Marc Mallat / Progressions Group
- 5:30 – 6:00 Bridal Make-up Live Demonstration by Rasha Omar / Red Line International
- 6:10 – 6:50 IPL and/or Laser: How & What to Choose by Medica ME
- 7:00 – 7:25 Presentation on New Products for Weight Lost by Eric Favre Owner of Laboratoires 3 Chênes
- 7:30 – 8:00 Instant Beauty - Lifting, Make-up & Demo of SRS, the New Hair Loss Treatment by Sandrine Nader / Beauty Med
- 8:15 – 10:00 Novalash Lashes Extensions Live Demo by Luiza Macfarleine/ Fadi Sawaya S.A.L.

CONFERENCE ROOM

- 6:00 – 9:00 Lancement Premier Cru de Caudalie / Une Nouvelle Crème Visage by Raymond Georges Abou Adal & Cie et Caudalie Paris

FITNESS & SPA STAGE

- 5:30 – 5:45 Last Tone - Fitness Show by Radical instructors / Medifit - Polar Lebanon
- 6:30 – 7:30 Tae Bo Fitness Classes by Amine Dib / Spa Phoenicia
- 7:45 – 8:15 I2PL Free Talking by Gens Peterson / Hamade Trading
- 8:30 – 9:00 Dance for a Better Life - Latin dance & Capoeira Performances by Instructors of Bailando Group

DIETARY STAGE

- 5:00 – 6:00 Sahhi W Saree by Rita Tannoury / Al Aan TV
- 7:00 – 7:30 Kenza Cakes & Bread Healthy Cooking by Randa Chelala / Kenza
- 8:00 – 8:20 Sweet & Healthy Kitchen - Live Cooking Show & Presentation by Dr. Carla Vartarian / Al Sultan Food Stuff Company

OCTOBER 16

BEAUTY & HEALTH STAGE

- 4:45 – 6:15 NSI Illusion Soak Off Gel - Live Demo by Jamie Palmers / Fadi Sawaya S.A.L.
- 6:30 – 6:55 Presentation on New Products for Weight Lost by Eric Favre Owner of Laboratoires 3 Chênes
- 7:00 – 8:00 Presentation Premier Cru de Caudalie/Une Nouvelle Crème Visage by Raymond Georges Abou Adal & Cie et Caudalie Paris
- 8:00 – 8:45 Slimming: The Miraculous Solution of a Complete Concept - Presentation & Live Demo by Medica ME
- 8:50 – 9:20 Hairdreams Beauty Lounge - New Extensions Techniques & Total Relooking Show by Charbel Kairouz / Hairdreams Beauty Lounge
- 9:30 – 10:00 Colour 2 - Professional Make-up Show by Fatina Nassif / Apilus-Dectro Team

CONFERENCE ROOM

- 7:30 – 8:30 "Nutraceuticals" A New Horizon in Disease Management by NewChapter
- 8:30 – 10:00 Launching of "VIP Lipo Line - Cavitation; A New Unique Italian Machine by EST.VIP Beauty Concept

FITNESS & SPA STAGE

- 5:15 – 6:15 Vascular Lesion IPL + NDYAG by Gens Peterson / Hamade Trading
- 6:30 – 7:30 Tae Bo Fitness Classes by Amine Dib / Spa Phoenicia
- 8:00 – 8:30 Dance for a Better Life - Latin dance & Capoeira Performances by Instructors of Bailando Group
- 8:45 – 9:00 Last Tone - Fitness Show by Radical instructors / Medifit - Polar Lebanon

DIETARY STAGE

- 4:30 – 5:30 Lose the Weight, Keep the Taste with Nutrifit & Virginias by Nutrifit / Target Food
- 5:45 – 6:45 Sahhi W Saree by Rita Tannoury / Al Aan TV
- 7:30 – 8:00 Kenza Cakes & Bread Healthy Cooking by Randa Chelala / Kenza

OCTOBER 17

BEAUTY & HEALTH STAGE

- 4:30 – 5:00 Introducing the New Laser Procedure for Wrinkles & Acne Scars- Live Demo by Dermamed
- 5:00 – 5:30 Change & Self Empowerment by Dr. Marc Mallat / Progressions Group
- 5:30 – 6:00 Heal your Soul & Body with Spa Ritual - Presentation & Live Demo by Medica ME
- 6:10 – 6:40 Colorful Make-up Demo by Jocelyne Tabet / Red Line International
- 6:50 – 7:20 Body Painting & Fashion Make up - Catwalk with Models Look by Make-up For Ever Academy
- 7:30 – 8:15 Style on the Move - Trendy Relooking for Men by Jean Chedid - Hair Stylist
- 8:30 – 10:00 Nouveau Contour Permanent Make-Up - Live Demo by Colinda Van Son & Peggy Ellen Saris / Fadi Sawaya S.A.L.

CONFERENCE ROOM

- 5:30 – 6:30 Get Rid of the Cause of Disease by Dr. Najib Salha / Hollistic Health Center
- 7:00 – 8:30 Change & Self Empowerment by Dr. Marc Mallat / Progressions Group

FITNESS & SPA STAGE

- 5:30 – 5:45 Last Tone - Fitness Show by Radical instructors / Medifit - Polar Lebanon
- 6:30 – 7:20 Spinning Course & Body Pump by Le Royal Hotel Team
- 7:30 – 8:00 Dance for a Better Life - Latin dance & Capoeira Performances by Instructors of Bailando Group
- 8:10 – 8:50 IPL Hair Removal by Gens Peterson / Hamade Trading
- 9:00 – 10:00 Apilus Photoepilation & Oxygen Therapy by Fatina Nassif / Apilus-Dectro Team

DIETARY STAGE

- 4:00 – 4:45 Sahhi W Saree by Rita Tannoury / Al Aan TV
- 5:00 – 5:50 Healthy Cooking with TVS & Chef Antoine by Chef Antoine / TVS
- 6:00 – 6:20 Natural Dessert - Life Cooking & Presentation by Al Sultan Food Stuff Company
- 6:30 – 8:30 Guilt - Free Pleasures by Le Gabarit & Virginias by Le Gabarit / Target Food
- 9:00 – 9:30 Kenza Cakes & Bread Healthy Cooking by Randa Chelala / Kenza

OCTOBER 18

BEAUTY & HEALTH STAGE

- 4:30 – 4:50 The power to Help Smokers Quit; Champix by Pfizer
- 5:00 – Ongoing "Passion Made Visible": Young Upcoming Talented Hairdressers Launching their Creativity & Foreseen Trends for the Coming Season through an Ongoing Hair Show by Ch. Sarraf & Co. Affiliated to Malia Group

DIETARY STAGE

- 4:00 – 4:45 Sahhi W Saree by Rita Tannoury / Al Aan TV
- 5:00 – 5:30 Guilt Free Dessert Cooking with Canderel by Canderel / FDC
- 5:40 – 7:40 Cooking with Flora and Philadelphia by KFF Food & Beverage
- 7:50 – 8:10 Cure From Nature - Live cooking & Presentation by Al Sultan Food Stuff Company
- 8:20 – 9:20 Healthy Meal Full of Nutrition by Cuisine Sante Internationale
- 9:30 – 10:00 Kenza Cakes & Bread Healthy Cooking by Randa Chelala / Kenza

FITNESS & SPA STAGE

- 4:45 – 5:15 IPL and / or Laser: How & What to Choose by Medica ME
- 5:30 – 6:30 Make-up Couleurs Nature / Live Demo by Tanguy & Yves Rocher
- 6:40 – 7:30 Spinning Course & Body Pump by Le Royal Hotel Team
- 7:40 – 8:10 Dance for a Better Life - Salsa, Capoeira & Brazilian Marshal Art Performances by Instructors of Bailando Group
- 8:15 – 8:45 Slimming: The Miraculous Solution of a Complete Concept - Presentation & Live Demo by Medica ME
- 9:00 – 9:15 Last Tone - Fitness Show by Radical instructors / Medifit - Polar Lebanon

CONFERENCE ROOM

- 6:00 – 7:30 Change & Self Empowerment by Dr. Marc Mallat / Progressions Group

Organized by



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